

# Restaurant & Bistro

## Typical “weekly” menu



Open 7 days a week  
3 hot meals a day  
Plenty of choice & variety



### Breakfast

Full cooked breakfast options, cereals, toast & preserves, yoghurts, fruit, fruit juice



### Lunch choices

Daily (except weekends) – various baguettes, salads, soups, & jacket potatoes from the Bistro or the main restaurant menu



### Weekends

Saturday and Sunday Brunch and evening meals as per the restaurant menu

# Lunch Choices

Various baguettes, salads, soups, & jacket potatoes from the Bistro or:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aromatic 5 spiced roast pork loin	Sweet chili glazed roast chicken leg	Sauteed beef & oriental vegetables in oyster sauce	Battered chicken breast burger in a toasted bap	Slow roasted spicy pesto chicken leg with sundried tomatoes	Saturday Brunch	Sunday Brunch
Breaded chicken supreme with garlic butter	Homemade beef & vegetable madras (healthy option)	Roast leg of English lamb with mint sauce	Teriyaki marinated pork fillet with mushrooms & onions	Chargrilled lamb burger on a toasted bap		
Battered fillet of cod with tartar sauce	Thai prawn & mushroom omelette	Deep fried Cajun squid rings	Fresh salmon fillet with sweet chili, lime & coriander (healthy option)	Baked fresh fillet of cod (healthy option)		
Cheesy pasta bake (vegetarian)	Vegetarian pizza	Giant fresh wild mushroom ravioli (vegetarian)	Chargrilled aubergine, courgette & tomato stack (vegetarian, healthy option)	Mixed bean, tomato & pepper cheese topped crumble (v)		
Garden peas, coconut rice, steamed new potatoes	Diced courgettes with basil, chips, boiled rice	Creamy mashed potato, fresh steamed broccoli, boiled rice	Penne pasta, steamed cabbage	Courgettes, croquette potatoes, rice		
Fresh cream strawberry gateaux	Homemade carrot cake	Fruit cocktail trifle	Homemade banana cake	Chocolate fruit & nut slice		
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit		

# Evening Meal Choices

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sauteed chicken provencale	Steamed chicken & mushroom a-la-king	Chargrilled butterfly chicken supreme with herbs (healthy option)	Grilled peppered chipsteak with onions & grilled tomatoes	Chargrilled sirloin steak with tomatoes	Lamb & watercress bake	Roast turkey with sausage & bacon roll
100% chargrilled beefburger on a toasted flour bap	Chargrilled Cajun pork cutlet (healthy option)	Sauteed lambs liver with onions	Moroccan lamb with mediterranean flat bread	Chicken & sweetcorn stonebaked pizza	Steamed chicken supreme	Sauteed strips of beef with oriental vegetables
Deep fried fillet of plaice	Mediterranean seafood stonebaked pizza	Deep fried wholetail prawns with lime & coriander mayo	Grilled fresh sea bass fillet (healthy option)	Baked fish fillet provencale (healthy option)	Tempura battered hake fillet	Tuna pasta bake
Vegetable balti served with spicy poppadoms (vegetarian healthy option)	Cheese & tomato omelette (vegetarian)	Ratatouille lasagne (vegetraian)	Spicy bean burger in a toasted flour bap (healthy option)	Quorn & potato tikka masala (vegetarian)	Savoury rice stuffed peppers (vegetarian)	Tomato & goats cheese tartlet (vegetarian)
Buttered sweetcorn, baked jacket potatoes, savoury rice with peas	Braised celery, roasted potatoes, turmeric rice	Honeyroast diced swede, chilli rice, croquette potatoes	Roasted swede with rosemary, croquette potatoes, penne pasta	Egg fried rice, french fries, brussell sprouts	Boiled new potatoes, roast parsnips with honey	Roast potatoes, green beans, coconut rice
Cherry bakewell tart	Homemade crunchy chocolate slice	Homebaked egg custard tarts	Eaton mess (meringue, mixed fruit, cream)	Maple pecan plait	Banoffee pie	Double chocolate eclairs
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit